

# An Academic Career in the Midlands & East







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## NHS Health Education England

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#### What is an Academic career?

- To educate others, either students or postgraduate dentists
- To research and work on the latest advances of dentistry
- Influence and network on dentistry both nationally and internationally
- To reach the highest standards of clinical skill
- To influence and lead your chosen clinical speciality



## Why choose this specialty?

- Combines many different skills
  - Educating others
  - Researching into the latest techniques
  - Clinically Specialising and often leading in your chosen clinical area
  - Varied nature of work
  - Networking in an interdisciplinary environment
  - Rewards of teaching and research



## **Future challenges**

Funding
Internal and external political influences
Brexit – interaction and funding

The unknown direction of dentistry Both exciting and unpredictable

You may be the person to tackle future challenges in dentistry



## **Typical Day**

#### A day in the life...

- ...each day is different so it may be best to plan a typical week/year
- The week involves teaching on the clinic and working with students always rewarding
- Meetings with my research team to plan research programme, any papers for publication i.e. BDJ and higher impact journals, research conferences
- Meetings with my PhD students to plan their research
- New patient letters in Prosthetics, new patient clinics always rewarding, treatment clinic with own patients and the DCTs
- Special to me Working across the Medical school and University to plan strategy on international work with respect to Brexit, our campus at Dubai, work in Brazil, India and China.
- My dentistry background provides many of the skills needed for the above



#### Personal Qualities for this career

- Excellent communication skills YES
- Good interpersonal skills YES
- Leadership YES
- Resilience YES
- Practical skills YES
- Life long learner YES
- In line with all specialities, trainees need to be reliable, self-motivated, punctual, flexible and good team players
- As an academic I have learnt to be good in niche areas that make me indispensable to others



#### **Personal Qualities for this career**

- It does have a clinical component and able to undertake research that enhances your speciality
- Substantive funded jobs by University
- Approachable
- Ability to network and lead others



## **Training Pathway**

#### If you want to succeed in Academic Dentistry a PhD is essential

#### **Detailed pathways -**

Clinical Academic Careers Framework:

A framework for optimising clinical academic careers across healthcare professions Published by Health Education England, 2018

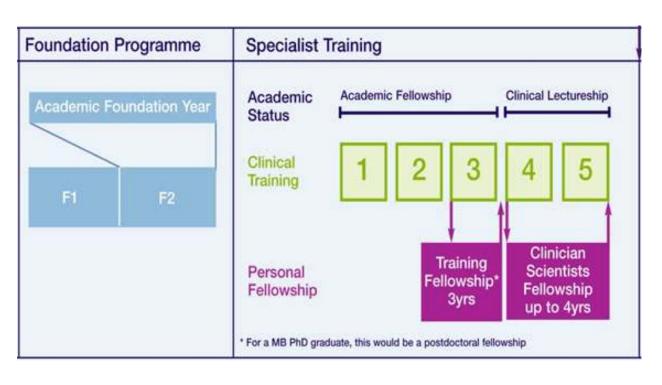
#### **Outlines** NIHR funded posts

- Academic Clinical Fellowships (ACFs)
- Clinical Lectureships (CLs)



## **Training pathway**

**CCT** 



**Academic Consultant** 



## **Requirements During Training**

- Work place based assessments (supervised learning events)
- E Portfolio
- Life support courses; PLS, APLS
- Audit

- Presentations
- Publications
- Safeguarding courses
- Teaching
- Managerial experience
- Annual review of competence progression (ARCP)



#### Recruitment

- NIHR ACFs and CLs are appointed through selected academic programmes.
- These programmes have been awarded to university/NHS Trust/LETB partnerships via formula allocation and rounds of competition.



#### Recruitment

- ST3-4 applications open in February with interviews in April/May. These are held in the RCGP, Euston.
- All shortlisted applicants are invited to interview.
- Successful candidates commence on the training programme in September in the West Midlands.



## **Competition Ratios**

22 NIHR ACFs 10 NIHR CLs

Available annually for dentists.



## Why train in the M&E?

- Largest regions in the country
- University research centres
- Diverse area resulting in wide range of pathology.
- Mix of smaller DGHs, large teaching hospitals and tertiary units ensures broad training and excellent opportunities
- University research centres





## **Demonstrating commitment to Specialty**

- If Academic join
  - Clinical Speciality and attend annual conference
  - British Society for Oral and Dental Research
  - Be involved locally and nationally through the British Dental Association or the Royal Colleges.



## Where to go for more information...

- NHS health careers
- Search for:-

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